### **WESTERN ILLINOIS UNIVERSITY**

# Kinesiology

Physical Education - Teacher Certification (K-12 or 6-12), Athletic Training or Exercise Science Effective 2014-2015 WIU catalog Associate in Arts/Science Degree

The following is a list of courses that satisfy the Associate in Arts or Associate in Science Degree requirements at Sauk Valley Community College as well as the requirements for the Kinesiology Program at Western Illinois University. Students transferring without the IAI general education core curriculum, AA or AS Degree may need to complete additional general education courses.

GENERAL EDUCATION CORE CURRICULUM - 37-38 CREDITS

**COMMUNICATIONS** 

9 CREDITS

#ENG 101, #ENG 103, #SPE 131

A grade of "C" or better required in ENG 101 and ENG 103.

**MATHEMATICS** 

3 CREDITS

#Select one course: MAT 115 (recommended for teacher certification), 203, 204, 205, 220, 221, 240 Athletic Training: MAT 240 required

See Transfer Elective note below concerning additional math recommendation.

**HUMANITIES AND FINE ARTS** 

Select ONE course from *Humanities* and ONE course from *Fine Arts* and ONE from either. Only one course noted with the same letter subscript can be used for Humanities/Fine Arts credit. Interdisciplinary courses encompassing both the humanities and fine arts may be used for both categories.

Humanities

LAN 262; ENG 201, 203, 204, 212, 215<sub>A</sub>, 225, 226, 227, 228, 230<sub>A</sub>;

PHL 101, 102, 103; PHL 104; HUM 150, 210

Fine Arts

ART 118, 119, 120, 1218, 1228; MUS 150, MUS 201; SPE 141; HUM 112; HUM 150, 210

#### SOCIAL AND BEHAVIORAL SCIENCES

9 CREDITS

All majors: PSY 103 required; Athletic Training and Teacher Certification only: PSY 200 or 214 Select 1-2 additional courses from the following:

Anthropology Human Geography

Sociology

SOC 115, 116

**GEO 122** 

SOC 111, 112, 251

**Economics** 

Political Science

**History** 

ECO 211, 212

GOV 163,164, 232c, 233c, 261 HIS 131, 132, 221, 222

LIFE AND PHYSICAL SCIENCES

7-8 CREDITS

Choose one course in Life Science and one course in Physical Science. One lab course is required. Life Science: BIO 103 or \*\*105

Physical Science:

Teacher Education & Exercise Science/Fitness - Choose One -- CHE \*\*102, \*\*103, 105;

GSC 106, 115; PHY 175, 201, 211 (CHE or PHY recommended)

Athletic training - CHE \*\*103

\*The prerequisite for BIO 109 is two years of high school biology and one year of high school chemistry with a grade of "C" within the last five years, OR BIO 105 and CHE 102 or 103 or higher with a grade of "C".

\*\*BIO 105 and CHE 102 or CHE 103 or higher are required if you do not have the high school prerequisites for BIO 109.

#### **SVCC DEGREE REQUIREMENTS - 4 CREDITS**

### **ORIENTATION**

1 CREDIT

FYE 101 (PSY 100 will be accepted if already completed)

#### PERSONAL HEALTH AND DEVELOPMENT

**3 CREDITS** 

PED 115

#### **MAJOR FIELD REQUIREMENTS - 22-23 CREDITS**

All Majors: \*BIO 109 & BIO 110 (both courses must be completed at SVCC for required credit),

PED 213 or current certification in First Aid and CPR

Teacher Certification: PED 214 recommended

Athletic Training - BIO 111, PHY 175, (PHY 201 also works), PED 129, PED 150;

Exercise Science - PED 129, PED 150

Transfer Electives to equal 64: All areas - MAT 121 recommended or Mat 123 at WIU required after transfer Exercise Science should consider courses in a required minor.

# A Grade of "C" or better required for teacher certification.

**64 TOTAL CREDITS** 

IMPORTANT INFORMATION ON THE BACK SIDE!

# WIU - Kinesiology

# **Teacher Certification (K-12/6-12)**

The Department of Physical Education offers a B.S. degree in Physical Education with an option in teacher certification. Students who graduate are qualified to apply for teacher certification in grades K-12 or 6-12. Students are also qualified to seek employment is other areas such as coaching in the public schools and employment in outside agencies such as the YMCA. To best prepare for their chosen careers, all students engage in field experiences that lead to student teaching.

## **Selection and Retention Policy**

Refer to the following website for an overview of Teacher Education Program Requirements: <a href="http://www.wiu.edu/coehs/cpep/tep/requirements.php">http://www.wiu.edu/coehs/cpep/tep/requirements.php</a>

Transfer students must successfully complete the Illinois Certification Testing System (ICTS) – Test of Academic Proficiency (TAP) or ACT Plus Writing with a Composition Score of 22 or higher and be accepted to the Teacher Education Program to continue enrolling in departmental classes at WIU. It is highly recommended that students successfully complete the ICTS Testing requirement prior to transfer to WIU. A study guide, test dates, and registration materials are available online at <a href="https://www.icts.nesinc.com">www.icts.nesinc.com</a>.

## **Athletic Training**

As of April 1999, Western Illinois University Athletic Training Curriculum is a (JRC-AT) CAAHEP accredited athletic training education program. Admission into the Athletic Training Education Program requires successful completion of the application process.

# **Athletic Training - Admission Prerequisites and Procedures**

Completion of the following Prerequisite Courses:

AT 100 Introduction to Athletic Training - at WIU

AT 110 Clinical Methods in Athletic Training I - at WIU

KIN 290 Anatomy & Physiology I (BIO 109 and 110 at SVCC transfer as WIU's KIN 290 and 291) CHEM 150 Contemporary Chemistry (CHE 103 or higher) or PHYS 100 Physics for Society (PHY 175) Admission Procedures (After transfer to WIU):

Completion of Written Application, Completion of 45 observation hours, Completion of 30 hours of coursework towards major, 2.5 overall GPA and 2.75 major GPA, and Completion of Interview with AT Review Committee

**IMPORTANT NOTE**: Students completing the Associate in Arts/Science prior to transferring to WIU should know that the Athletic training program will take of minimum of THREE AND ONE HALF years AFTER transfer due to course sequencing and clinical experiences. <u>To complete this degree in a timelier manner, students are recommended to complete the general education core curriculum and recommended major courses at SVCC and transfer prior to completion of the Associate degree.</u>

### **Exercise Science**

This non-teaching degree program is designed to prepare fitness professionals for careers in private sport and fitness clubs, and for the growing number of fitness programs established for corporate employees. Students learn to effectively design, implement and conduct fitness programs for health clubs, corporate fitness programs, and YMCAs. An approved minor of 16-19 hours also is required. Students may choose from a variety of areas including nutrition, business, etc.

Acceptance to the University indicating Exercise Science and Fitness allows for admission to this major.

For more information contact: Ms. Julia Standard,

Undergraduate WIU Advisor - Physical Education

(309) 298-2176

Website: www.wiu.edu/kinesiology

STUDENTS ARE RESPONSIBLE FOR FINAL COURSE ARTICULATION. 04/15